



BWAA
British Wheelchair
Athletic Association

SEATED THROWS TASTER SESSION

📅 **Saturday 26th September 2026**

🕒 **10am - 4pm**

📍 **Stoke Mandeville Stadium**

- ✓ Experienced Coaches
- ✓ Experienced Athletes
- ✓ Equipment Provided

To register for the day, contact:
barbarahoole@hotmail.com